

Update in medicine

24 November 2022 | Cardiff

CPD code: 140618

08:00 Registration and refreshments

09:00 Welcome and introduction

09:10 **Session 1 – How to approach metabolic co-morbidity**
Chair – Dr Sam Rice, RCP regional adviser, west Wales

New drugs for obesity

Dr Kusuma Boregowda, consultant in diabetes and endocrinology, Swansea Bay University Health Board

Cardiologists do diabetes

Professor Zaheer Yousef, consultant cardiologist, Cardiff and Vale University Health Board

The challenge of caring for transgender patients with co-existing medical conditions

Dr Kate Nambiar, gender clinician and endocrinology specialist, Welsh Gender Service, Cardiff and Vale University Health Board

Panel Q&A

10:40 Comfort Break

11:10 **Session 2 – How to approach de-escalation of care in the acute hospital setting**
Chair – Dr Hilary Williams, RCP regional adviser, south Wales

Sliding doors and de-escalation

Dr Emma Mason, consultant in acute medicine, Aneurin Bevan University Health Board

Q&A

Palliative care in the acute settings: these three things ...

Professor Anthony Byrne, clinical director Marie Curie Research Centre, Cardiff University and consultant in palliative medicine, Cardiff and Vale University Health Board

Q&A

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12:10 **Open forum**

Dr Olwen Williams, RCP vice president for Wales, Professor Cathryn Edwards
RCP registrar and college officers

13:00 **Lunch**

14:00 **Session 3 – Focus on research**
Chair – Dr Ben Thomas, RCP regional adviser, north Wales

Scientific advances: integrating research and clinical practice

Dr Orod Osanlou, consultant physician clinical pharmacology and therapeutics,
Betsi Cadwaladr University Health Board

Q&A

Bradshaw Lecture – introduced by Dr Olwen Williams

Cancer immunotherapy: significant breakthroughs and untapped potential

Professor Awen Gallimore, professor of immunology and co-director of the
Systems Immunity University Research Institute

Q&A

15:10 **Comfort break**

15:30 **Session 4 – Specialist stuff for generalists – interactive session**
Chair – Dr Mick Kumwenda, former RCP regional adviser, north Wales

Dermatology cases: what not to miss!

Dr Mabs Chowdhury, consultant dermatologist, Cardiff and Vale University
Health Board

Nephrology

Dr Gareth Roberts, consultant nephrologist, Cardiff and Vale University Health
Board

Rheumatology

Dr Ceril Rhys-Dillion, consultant rheumatologist, Cwm Taf Morgannwg
University Health Board

Panel Q&A

17:00 **Close of conference**
Dr Olwen Williams, RCP vice president for Wales

Please note this programme may be subject to change.

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Your RCP Cymru Wales representatives

RCP vice president for Wales

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Regional advisers

Dr Mick Kumwenda, Ysbyty Glan Clwyd, Bodelwyddan, Rhyl

Dr Hilary Williams, Velindre Cancer Centre, Cardiff

Dr Vivek Goel, The Grange University Hospital, Llanfrecchfa

Dr Sam Rice, Prince Philip Hospital, Llanelli

Dr Ben Rice, Wrexham Maelor Hospital, Wrexham

New Consultants Committee

Dr Justyna Witczak, University Hospital of Wales, Cardiff

SAS Regional Representatives Network

Dr Jacob Daniel, Ysbyty Ystrad Fawr, Ystrad Mynach

Trainees Committee

Dr Alexandra Burgess, Morriston Hospital, Swansea

Dr Adnan Ur Rahman, University Hospital, Llandough

Student Foundation Doctor Network

Roshna Roy, Cardiff University

Jack Jones, Swansea University

RCP lead college tutor for Wales

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