

# Update in medicine

7 December 2022 | London

CPD code: 142318

08.00 Registration and refreshments

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09.00 Welcome and introduction  
Dr Anita Banerjee, RCP regional adviser, South London

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09.05 **Session 1 – Respiratory and high dependency care**  
Chair – Dr Jacob de Wolff, RCP regional adviser, North West London

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**Acute circulatory support**

Dr Yasser Al-Raweshidy, intensive care and acute medicine consultant, Imperial College Healthcare NHS Trust

**Supporting the patient in hypercapnic respiratory failure**

Dr Rebecca D’Cruz, consultant in respiratory medicine, Guy’s and St Thomas’ NHS Foundation Trust

**Acute aortic dissection for physicians**

Dr Jacob de Wolff, RCP regional adviser, North West London, consultant acute physician, London North West University Healthcare NHS Trust

**Panel Q&A**

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10.50 Comfort break

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11.20 **Open forum**

RCP president Dr Sarah Clarke and college officers,  
Royal College of Physicians

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12.00 Lunch

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Programme

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**13.15** **Session 2 – Long-term sequelae of a cardiometabolic pregnancy**  
**Chair – Dr Anita Banerjee, RCP regional adviser, South London**

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**Setting the scene for today's session**

Dr Anita Banerjee, RCP regional adviser, South London, obstetric physician and diabetes and endocrinology consultant, Guy's and St Thomas' NHS Foundation Trust

**Long-term cardiovascular consequences of pre-eclampsia**

Professor Christian Delles, head of school of cardiovascular and metabolic health, University of Glasgow

**Obesity in pregnancy and its link with later life**

Professor Eugene Oteng-Ntim, consultant obstetrician, Guy's and St Thomas' NHS Foundation Trust

**Panel Q&A**

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**14.50** **Comfort break**

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**15.15** **Session 3 – 'Tis the season: crisis management**  
**Chair – Dr Elaine Hui, RCP regional adviser, North West London**

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**Bio-terrorism: emergency preparedness, resilience and response**

Matt Hogan, deputy head of London resilience group, Counter Terrorism Preparedness Network

**Recreational drug toxicity**

Dr John Archer, consultant physician and clinical toxicologist, Guy's and St Thomas' NHS Foundation Trust

**Alcohol toxicity and withdrawal management**

Dr John Archer

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**17.00** **Closing comments**  
**Dr Anita Banerjee, RCP regional adviser, South London**

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**17.05** **End of conference**

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# Update in medicine

# Regional representatives

## Your regional representatives in London – South

### Regional advisers

Dr Adrian Draper, St George's University Hospital NHS Foundation Trust  
Dr Anita Banerjee, Guy's and St Thomas' NHS Foundation Trust

### New Consultants Committee

Dr Gaggandeep Singh Alg, St George's University Hospital NHS Foundation Trust

### SAS Regional Representatives Network

Dr Shah Tauzeeh, Central London Community Healthcare Trust

### Trainees Committee

Dr Rachel Clingan  
Dr Rebecca Thom, King's College University  
Dr Kunal Mhapankar  
Dr Hatty Douthwaite

### Student Foundation Doctor Network

Dr Luca Nart  
Dr Brian Wang

## Your regional representatives in London – Central East

### Regional advisers

Dr Jonathan Katz, Royal Free Hospital  
Dr Andrew Archbold, St Barts Hospital  
Dr Hanan El-Mileik, Queen's Hospital

### New Consultants Committee

Dr Zaheer Mangera, North Middlesex University Hospital NHS Trust

### SAS Regional Representatives Network

Vacancy

### Trainees Committee

Dr Wenhao Li, The Royal London  
Dr Conor Tweed

### Student Foundation Doctor Network

Dr Luca Nart  
Dr Brian Wang

## Your regional representatives in London – North West

### Regional advisers

Dr Elaine Hui, London North West University Healthcare NHS Trust  
Dr Jacob de Wolff, London North West University Healthcare NHS Trust

### New Consultants Committee

Dr Shruthi Konda, Royal Brompton and Harefield NHS Trust

### SAS Regional Representatives Network

Dr Ihab Ramzy, London North West Healthcare University NHS Trust

### Trainees Committee

Dr Luke Boyle  
Dr Natalie Vanderpant

### Student Foundation Doctor Network

Dr Luca Nart  
Dr Brian Wang

### Enquiries:

Holly McCarthy – regional manager  
LondonSouthWest@rcp.ac.uk



# Meet the speakers

# Speaker biographies



## Dr Yasser Al-Raweshidy

Dr Yasser Al-Raweshidy is a consultant intensivist at Imperial College Healthcare NHS trust. He qualified from Imperial College School of Medicine having previously obtained an intercalated degree in respiratory sciences. He undertook his specialty training in acute medicine and intensive care in London (north west and south London respectively). His unit is a regional tertiary centre for neurosciences. Recently, he has joined the acute medicine department at Charing Cross Hospital, alongside his existing intensive care clinical commitments. He is a FUSIC (echocardiography) mentor and is currently the Faculty of Intensive Care Medicine tutor for Charing Cross Hospital.

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## Dr Rebecca D'Cruz

Dr Rebecca D'Cruz is a respiratory medicine consultant specialising in weaning, rehabilitation and complex ventilation at the Lane Fox Respiratory Unit, St Thomas' Hospital, appointed in August 2022. Becky qualified from UCL Medical School in 2011 and undertook her intercalated BSc in history of medicine. She developed her interests in chronic obstructive pulmonary disease (COPD) and respiratory failure during foundation training at Heartlands Hospital, Birmingham and commenced specialist respiratory training in the North West London Deanery in 2015. After being awarded two National Institute for Health and Care Research (NIHR) fellowships, Becky undertook a PhD in respiratory physiology during COPD exacerbation and recovery and home-based respiratory support, which was awarded in January 2022.

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## Dr Jacob de Wolff

Dr Jacob de Wolff is a consultant acute physician at Northwick Park Hospital in London. Originally from the Netherlands, he did senior house officer jobs in London and Milton Keynes before training in acute medicine on the North Thames rotation. He has an interest in critical illness, acute venous thromboembolism and medical education. For many years he was a heavy contributor to the medical content of Wikipedia. He is joint RCP regional adviser for North West London, having previously served on the Trainees Committee and the New Consultants Committee.

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# Meet the speakers

# Speaker biographies



## Professor Christian Delles

Professor Christian Delles is professor of cardiovascular prevention; head of the school of cardiovascular and metabolic health, University of Glasgow; and honorary consultant physician with NHS Greater Glasgow and Clyde. His research is in the area of cardiovascular diseases where he studies the molecular basis of vascular diseases; the pathogenesis and long-term consequences of hypertension including hypertensive disorders of pregnancy and gestational diabetes; links between cardiovascular and renal diseases; and differences in the pathophysiology of cardiovascular diseases between men and women. Prof Delles serves as a member of the Council of the European Society of Hypertension and is honorary treasurer of the Association of Physicians of Great Britain and Ireland. He is a member of national and international grant panels and associate editor and editorial board member of leading cardiovascular journals. He has a keen interest in teaching and training and chairs the university's clinical academic training advisory committee.



## Professor Eugene Oteng-Ntim

Professor Eugene Oteng-Ntim is a consultant obstetrician at Guy's and St Thomas' and honorary professor of obstetrics at King's College London. He is a national maternity improvement adviser to NHS England and his research is focused on caring for pregnant women living with sickle cell disease, women living with obesity, and he has a special interest in addressing inequality in obstetric outcomes. He has written widely on these subjects in the major journals such as the *British Medical Journal* and *Lancet* series. His scholarships and presentation are focused on the management of pregnant women with sickle cell disease, including invited speakers at John Hopkins University and the American Society of Haematology.

His current research focuses on innovative ways of diagnosing sickle cell disease in pregnancy and in utero gene therapy. He has been successful in obtaining numerous grants from the National Institute for Health and Care Research and Public Health England, as well as a 10-year lottery grant programme of £36 million. He has been past president of the maternity and newborn section at the Royal Society of Medicine, and is currently a treasurer of the obstetrics and gynaecology section.

# Meet the speakers



## **Matt Hogan**

Matt Hogan is deputy head of London Resilience, hosted with London Fire Brigade, but responsible for coordinating the emergency preparedness activities of over 200 public and private sector organisations. He has 18 years of emergency management and response experience in a variety of health and emergency service organisations. Matt is an ex officio member of the Grenfell Tower Memorial Commission supporting the community to ensure that the tragedy is never forgotten.

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## **Dr John Archer**

Dr John Archer originally trained in clinical pharmacology and therapeutics and now works at Guy's and St Thomas' NHS Foundation Trust as a clinical toxicologist and acute and general physician. He has a research interest in recreational drug toxicity and novel detection methods. Most recently, he has worked with the Office for Health Improvement and Disparities (OHID) and the City of London to develop an inpatient detoxification unit for London – the Addiction Clinical Care Suite (ACCS) at St Thomas' Hospital. Dr Archer is clinical lead for the ACCS, which provides inpatient detoxification to those with drug and alcohol dependency alongside multiple complex physical and mental health conditions.

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