



Update in medicine

20 June 2023 | Bournemouth

CPD code: 144427

Programme

08.00 Registration and refreshments

09.10 **Welcome and introduction**
Dr Chris Roseveare, RCP regional adviser – Wessex

Session 1 – Acute neurology
Chair – Dr Chris Roseveare

09.15 **What's new in stroke medicine**
Dr Becky Jupp, consultant stroke physician,
University Hospitals Dorset NHS Foundation Trust;
clinical lead, Wessex Integrated Stroke Delivery Network

09.40 **Managing seizures in the patient with 'known' epilepsy**
Dr Lucy Kinton, consultant neurologist and regional specialty adviser,
University Hospitals Southampton NHS Trust

10.05 **Latest therapeutic advances in neurology**
Dr Peter Fernandes, consultant neurologist,
University Hospitals Southampton NHS Trust

10.30 **Panel Q&A**

10.50 **Comfort break**

Session 2 – Geriatrics
Chair – Dr Tanzeem Raza OBE,
consultant acute physician, Royal Bournemouth Hospital;
Federation international medical director for PACES

11.20 **Frailty, multiple conditions and polypharmacy:
what the 'generalist' needs to know**
Dr Naomi Fox, consultant geriatrician,
University Hospitals Dorset NHS Foundation Trust

11.45 **Recognising and planning for end of life in older patients with frailty**
Dr Premila Fade, consultant geriatrician,
Southern Health NHS Foundation Trust; end of life special interest group co-
chair, British Geriatrics Society

12.10 **Panel Q&A**

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12.25	Keynote address Tongue twisters and gizmos: modern management of diabetes for the general physician Professor Partha Kar, consultant in diabetes, The Princess Alexandra Hospital NHS Trust; NHS England National Co Lead for Diabetes
12.50	Q&A
13.00	Lunch
14.00	Open forum Dr Sarah Clarke, RCP president Dr Khalda Halim, RCP trainees representative – Wessex Dr Michelle Dharmasiri, consultant stroke physician Dr Ben Chadwick, RCP regional adviser - Wessex
14.45	Keynote address Maternal medicine: an update for acute and general physicians Dr Yasmin Jamil, obstetric physician, North Central London Maternal Medicine Network
15.10	Q&A
15.20	Comfort break
	Session 3 Chair – Dr Anjana Siva, consultant cardiologist, Portsmouth Hospitals University NHS Trust
15.40	Case presentations: clinical challenges on the acute medical unit Dr Rob Willington Dr Alys Hunter Dr Abigail Banfield
16.40	Closing comments Dr Ben Chadwick
16.50	End of conference

Please note that any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP.

This programme may be subject to change.

Update in medicine

Your RCP regional representatives in Wessex

Regional advisers

Dr Chris Roseveare, Southern Health NHS Foundation Trust

Dr Hermione Price, Southern Health NHS Foundation Trust

Dr Ben Chadwick, Southern Health NHS Foundation Trust

New Consultants Committee

Dr Samal Gunatilake, Hampshire Hospitals NHS Foundation Trust

SAS Regional Representatives Network

Dr Syed Mukhtar, Isle of Wight NHS Trust

Trainees Committee

Dr Khalda Halim

Dr Ricia Gwenter

Student and Foundation Doctor Network

Peter Latchem

Enquiries

Holly McCarthy – regional manager

LondonSouthEast@rcp.ac.uk



Regional representatives

Meet the speakers



Dr Peter Fernandes

Dr Fernandes attended medical school in Oxford before moving to Edinburgh for house jobs and specialist training in neurology, completing a PhD along the way. They relocated to Hampshire in 2021 to take up a post as a consultant neurologist in Southampton, with a subspecialty interest in multiple sclerosis and other neuro-inflammatory conditions.



Dr Lucy Kinton

Dr Kinton studied medicine in Cambridge and specialised in neurology, first with a PhD in epilepsy genetics in London, then as a registrar in Southampton and Melbourne.

As well as general neurology clinics, Dr Kinton runs a specialist epilepsy clinic in Southampton, is part of the epilepsy surgery MDT and leads the transition epilepsy service in Southampton, including transition of the more complex patients throughout Wessex.

More recently she has helped with the development of the adult sleep service in Southampton, an interest that started with the transition of patients with narcolepsy from the established paediatric sleep service.

Dr Kinton is training programme director for neurology, instrumental in adjusting the training for neurology as a new group 1 specialty. She is honorary secretary of the Association of British Neurologists and is currently advising the MHRA on the potential risks and resources required for the implementation of changes in valproate prescribing.



Dr Becky Jupp

Dr Jupp is a stroke consultant at University Hospitals Dorset. They were appointed in January 2010 and are now the clinical director for older persons' services and neurosciences. Dr Jupp is a co-lead of the Wessex Integrated Stroke Delivery Network and the executive lead for England for the British and Irish Association of Stroke Physicians.

Meet the speakers



Dr Naomi Fox

Dr Fox arrived at Royal Bournemouth Hospital from London as a fresh-faced F2, before undertaking specialty training in Wessex and becoming a consultant geriatrician at Poole and Bournemouth hospitals in 2014. Her special interests include front-door services for older people, community liaison and service improvement. Dr Fox has led the trust's development of same-day emergency care for older people, integrated locality-based frailty teams and the role of advanced clinical practitioners in older people's care. Through the Acute Frailty Network and NHS Improvement, she has supported other organisations to develop their own frailty pathways and is now training programme director for geriatric medicine in Wessex.



Dr Premila Fade

Dr Fade qualified in London in 1992 before completing their SpR training in Wessex, and subsequently an MA in medical ethics and law. They have been a consultant since 2003 and held a position for clinical lead for end-of-life care for the British Geriatrics Society (BGS) from 2016, as well as co-founding the BGS Special Interest Group in End-of-life Care.

Dr Fade is also the editor of BGS guidance on EOLC in frailty – *Living and dying well with frailty*.



Professor Partha Kar

Professor Partha Kar is a consultant in diabetes and endocrinology at Portsmouth Hospitals NHS Trust, currently national specialty adviser, diabetes; co-lead of the 'Getting it Right First Time' and lead for the Medical Workforce Race Equality Standards with NHS England.

Professor Kar has won multiple awards at the *BMJ* and *HSJ* awards, and has been recognised by The King's Fund and NHS England for pioneering of the Super Six Diabetes Model. He has worked with NICE on updating relevant guidelines in non-invasive glucose monitoring access in type 1 and type 2 diabetes, and also led on championing Language Matters in diabetes care.

Beyond diabetes, he also recently taken a role in tackling issues of racial disparity in the medical workforce and was recognised as one of the most influential figures from the ethnic minority population across healthcare by the *Healthcare Service Journal* in 2020, 2021 and 2022.

Meet the speakers



Dr Yasmin Jamil

Dr Yasmin Jamil trained as an obstetric physician at Guy's and St Thomas' hospitals and Queen Charlotte's Hammersmith, and is now co-lead of North Central London Maternal Medicine Network, responsible for delivery and coordination of care of women with chronic and acute medical problems in pregnancy.

Dr Jamil is an acute medical consultant in north central London, junior consultant representative on the joint committee of the RCP and MacDonald Obstetric Medicine Society, also holding positions as a member of the Steering Committee for the UK Obstetric Surveillance System and clinical adviser to the Healthcare Safety Investigation Branch.

Speaker biographies

Meet the speakers



Dr Rob Willington

Dr Willington trained at Cambridge medical school, and trained in acute medicine in the Wessex region. He published work on under diagnosis of coeliac disease and gained British Society of echocardiography transthoracic accreditation during training. Since taking up a consultant position, Dr Willington has developed their research interest and is now the clinical director for research and development at UHD.



Dr Alys Hunter

Dr Hunter began her medical training at Bristol in 2002 and joined the Royal Air Force in her first year. After house jobs in Birmingham, Alys moved to Portsmouth to begin her ACCS training, before being appointed as a registrar in acute and general medicine in August 2017. In addition to her post-graduate medical training in the Wessex Deanery, Alys undertakes physician augmented strategic aeromedical evacuations for the RAF, providing medical cover worldwide. Alys has combined her love of acute medicine with a special interest in dermatology, taking a year “Out of Programme” to work as an honorary dermatology registrar, and has completed acute medicine and dermatology exit exams. Alys is married to Guy, an Ophthalmologist, and they have two children. She enjoys running, drinking coffee and writing Pantomimes for her local Amateur Dramatics group.



Dr Abigail Banfield

Dr Banfield graduated from the university of Leeds, with training in London and the southeast. Abbie became a consultant acute physician at the Royal Bournemouth Hospital in 2010. She has a special interest in upper GI endoscopy and views these sanity sessions as a key component to surviving the Acute Take.

Out of work she often wishes she was back in work, due to small people being in the house.