

# CT and ACT national conference

13 November 2026

5 CPD  
credits



8.45am	<b>Registration and refreshments</b>
9.00am	<b>Regional networking</b> Space 1-2, floor 13  This is your opportunity to meet with regional colleagues to share best practice and discuss any local, or national issues that are affecting you.
9.45am	<b>Welcome</b> Dr Shruthi Konda FRCP, RCP Linacre fellow
9.55am	<b>RCP strategy</b> Professor Mumtaz Patel PRCP, RCP president Dr Omar Mustafa FRCP, RCP registrar
10.15am	<b>Session 1: The bigger picture</b> Dr Shruthi Konda FRCP, RCP Linacre fellow Space 1-2, floor 13
10.20am	<b>Talk title to be confirmed</b> Speaker to be confirmed
10.55am	<b>Advanced GIM – making change real</b> Professor Phil Bright FRCP, head of school of postgraduate school of medicine, NHS England West Midlands; Associate Medical Director for Workforce, Federation of Royal College of Physicians
11.30am	<b>Comfort break</b>
11.50am	<b>Session 2: Closer to home</b> Chair TBC Space 1-2, floor 13
11.55am	<b>Quality improvement: making a small difference on a big scale</b> Dr Aklak Choudhury FRCP, clinical director for improvement programmes, Royal College of Physicians; respiratory consultant, University Hospitals Derby and Burton NHS Foundation
12.10pm	<b>Principles of service development</b> Dr Ak Maheswaran, consultant anaesthetist, University Hospitals of Leicester NHS Trust
12.25pm	<b>Addressing the elephant in the room: diagnosing and treating unprofessional behaviour among doctors</b> Dr Stephen Joseph, RCP Resident Doctor Committee co-chair; ST6 respiratory medicine, Homerton Healthcare NHS Foundation Trust

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12.55pm	<b>Lunch break</b>		
1.20pm	<b>ACT poster competition</b> <b>Wolfson hall</b> Hear more about the work and achievements of ACTs across the regions. We'll be awarding prizes to one winner and one runner up.		
	<b>Session 3: Workshops</b> Please choose one of the following:		
2.05pm	<b>How to build a career (and leave the ladder down)</b> <b>Professor Jo Szram FRCP</b> Southeast regional postgraduate dean  This session is designed for college tutors. Space 4-5, floor 12	<b>How to do QI well (toolkit)</b> <b>Dr Aklak Choudhury FRCP</b> RCP clinical director for improvement  This session is applicable to all. Space 6-7, floor 12	<b>Interview skills</b> <b>Dr Shruthi Konda FRCP</b> RCP Linacre fellow  This session is designed for associate college tutors. Space 8-9, floor 12
2.50pm	<b>Workshop change over</b> Please choose one of the following:		
3pm	<b>How to write a business case for service development</b> <b>Dr Akeeban Mahaswaran</b> , consultant anaesthetist, University Hospitals of Leicester NHS Trust  This session is designed for college tutors Space 4-5, floor 12	<b>How to be an upstander</b> <b>Rachael Daw</b> , RCP senior educationalist  This session is applicable to all. Space 6-7, floor 12	<b>Design, deliver, improve: creating courses for effective clinical learning</b> <b>Dr Kerry Calvo</b> , clinical associate professor (teaching), University College London  This session is designed associate college tutors. Space Space 8-9, floor 12
3.45pm	<b>Comfort break</b>		
4pm	<b>Session 4: Where did we come from and where will we go – panel discussion</b> <b>Dr Shruthi Konda FRCP</b> , RCP Linacre fellow Space 1-2, floor 13		
4.50pm	<b>Closing comments and ACT award presentation</b>		
5pm	<b>Conference close</b>		

Programme subject to change  
 Have a question? Contact us on [UKRegions@rcp.ac.uk](mailto:UKRegions@rcp.ac.uk)