Information for people who have fallen and broken a bone

Royal College of Physicians | Falls and Fragility Fracture Audit Programme (FFFAP)

Click on the circles to view our resources

Start your recovery journey

If you are admitted to hospital with a broken hip



If you have a broken bone, head or spine injury in hospital due to a fall



If you have any fragility fracture (broken bone caused by osteoporosis)



Returning home and continuing care via your GP surgery





Exercising after a broken bone



Injectable medication



Recommended oral medication/ medication review with your GP





Staying on treatment



Empowering you to understand and improve your care



Osteoporosis - preventing broken bones







How to reduce the risk of falling







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