



# Joint statement on integrated care

People should be equal partners in their care. Teams from across the health and social care system should work together to deliver joined-up care, coordinated around people's physical, psychological and social needs.

Supported by:

ACADEMY OF MEDICAL ROYAL COLLEGES \_\_\_\_\_

'My care is planned with people who work together to understand me and my carer(s), put me in control, co-ordinate and deliver services to achieve my best outcomes.' National Voices

We support the National Voices definition of integrated care



## **Our values**

We want a health and care system in which:

- 1 everyone is supported to lead a healthier life
- 2 people's basic care needs are always met
- 3 people's experience of care is valued
- 4 people:
  - > know who is responsible for their care
  - > are actively involved in decisions about their care, and their families and carers are supported as partners in care
  - > are supported to self-care and self-manage
  - have timely access to safe, appropriate and effective care, 7 days a week
  - receive coordinated services tailored to their needs and preferences
  - > receive care in settings that best meet their medical and support needs
  - > have an individual care plan focused on recovery or wishes at end of life
- 5 staff are supported to care, collaborate, improve and lead.

## **Our vision**

#### Models of integrated care

Service design must focus on meeting people's physical, psychological and social needs, and supporting health and care professionals to come together to deliver coordinated care in a range of settings. To achieve this, new models of care should focus on:

- > the needs of patients, service users and communities, rather than buildings
- establishing joint management and delivery structures that promote coordinated delivery of safe, effective and high-quality health, mental health and social care services
- > facilitating the provision of services that better meet the complex needs of the growing number of people living with multiple morbidities
- developing interprofessional leadership and teams that span services and settings, driven by shared, person-centred outcomes
- deploying professionals in new ways that focus primarily on meeting patients' needs, rather than the institutional setting.



#### Professional collaboration

All professionals have a duty to work collaboratively with patients, families, carers and other teams to deliver person-centred care that meets physical, psychological and social needs.

- > Professionals should work together to:
  - + support people to manage their conditions and live as independently as possible
  - + deliver care in settings most appropriate for the patient or service user
  - + ensure that people receive coordinated care if they need to move to a new care setting.
- > All patients and service users should have a named professional responsible for coordinating their care.
- > All patients and service users should have timely access to generalist as well as specialist diagnosis, treatment, care and support.
- > Professionals should work across traditional organisational boundaries in order to coordinate care and meet people's needs.

## **Our commitment**

Working together at national level to promote person-centred care, integrated care and collaboration, we will:

- > recognise integrated care as a priority
- embed the principles of this statement in all our work
- > deliver specific projects focused on achieving integrated care.

Working with our memberships to promote integrated working in practice, we will:

- share and promote examples of good and innovative practice
- > support our members to overcome barriers to integrated care
- > identify local barriers to integrated working in order to inform and influence national policy.

Involving patients, carers and service users across the breadth of our work, we will:

- > ensure that our activities and recommendations are patient centred
- work directly and meaningfully with patients, carers and service users
- > review, share and learn from good practice in patient involvement.





# The Faculty of Intensive Care Medicine

# Royal College of Physicians of Edinburgh

Educating doctors, improving care.



















#### **Get involved**

We are always interested to hear about new and innovative models of integrated care.

Email comments, suggestions and examples to: policy@rcplondon.ac.uk

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