

Is your patient safe to move?

The multi-factorial assessment to optimise safe activity (MASA) includes six actions that help teams to support inpatients aged 65 and over to remain as active as possible, while minimising their risk of falling.

Vision

Have you carried out a bedside vision check?



Delirium

Have you screened for the presence of delirium using the 4AT?



LSBP

Have you measured and recorded lying and standing blood pressure (LSBP)?



Medication

Has a structured medication review taken place?



Mobility

Have you established walking aid and supervision requirements for independent and safe mobility?



Continence

Have you assessed continence needs?



★ A patient is considered to have had a **‘high-quality MASA’** if five or more of these actions are documented (NAIF KPI 1).

 Remember to repeat the MASA if the patient has a fall or their condition changes.

For more information on other actions to keep patients safe and active, scan the QR code.

