

Update in medicine



10 March 2026 | London

CPD code: 154085

6 CPD
credits

Programme

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| 08.00 | Registration and refreshments |
| 09.10 | Conference opening comments Dr Imran Mannan FRCP, regional adviser, Central and North East London |
| 09.15 | Session 1 Chair – Dr Anita Banerjee FRCP, RCP censor |
| 09.20 | What physicians need to know about urogynaecology Mr Azar Khunda, consultant gynaecologist and subspecialist urogynaecologist, Guy's and St Thomas' NHS Foundation Trust; chair of the British Society of Urogynaecology |
| 09.50 | Menopause, early menopause and premature ovarian insufficiency Dr Brianna Cloke, consultant in obstetrics and gynaecology, Guy's and St Thomas' NHS Foundation Trust |
| 10.20 | Panel Q&A |
| 10.30 | Comfort break |
| 11.00 | Session 2 Chair – Dr Mashkur Khan FRCP, regional adviser, South London |
| 11.05 | Long live the art of clinical neurology Dr Hadi Manji FRCP, consultant neurologist, University College London Hospitals NHS Foundation Trust |
| 11.35 | Dizziness without despair: A practical guide for the generalist Professor Louisa Murdin FRCP, consultant in audiovestibular medicine, Guy's and St Thomas' NHS Foundation Trust |
| 12.05 | Panel Q&A |
| 12.15 | RCP update Professor Mumtaz Patel PRCP, RCP president; Dr Omar Mustafa FRCP, RCP registrar |

RCP, 11 St Andrews Place, Regent's Park, London NW1 4LE

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12.30 Lunch

13.30 **Session 3**

Chair – Dr Jacob de Wolff FRCP, regional adviser, North West London

13.35 **No more salbutamol! Whatever next! Changes in NICE guidelines**

Dr Jaideep Dhariwal, consultant respiratory physician, Guy's and St Thomas' NHS Foundation Trust

14.05 **COPD in 2026: what's new and what matters most**

Professor Wisia Wedzicha FRCP, head of respiratory, Imperial College London; honorary consultant, Royal Brompton and Harefield Hospitals NHS Foundation Trust

14.35 **Panel Q&A**

14.45 **Turner-Warwick lecture: Addressing the elephant in the room: diagnosing and treating unprofessional behaviour among doctors**

Dr Stephen Joseph, ST6 respiratory medicine, Homerton Healthcare NHS Foundation Trust

15.20 **Comfort break**

Session 4

15.50 Chair – Dr Jonathan Katz FRCP, regional adviser, Central and North East London

15.55 **Recovering heart function – a positive framework for every physician**

Dr Ameet Bakhai FRCP, consultant cardiologist, Royal Free London NHS Foundation Trust

16.25 **Acute arrhythmias in the emergency department – a survival guide**

Dr Joseph Tomson FRCP, consultant cardiologist, Royal Free London NHS Foundation Trust

16.55 **Panel Q&A**

Conference closing comments

17.05 Dr Rachel Tennant FRCP, regional adviser, North West London

17.10 Close of conference

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