



Royal College
of Physicians

Update in medicine



4 December 2025 | Cardiff

CPD code:

6 CPD
credits

Programme

08:00 Registration and refreshments

09:00 Welcome and introduction

09:05 **Session 1**

Chair – Dr Sam Rice, RCP regional adviser, West Wales

A brief history of GLP-1 receptor agonists, recent developments and future prospects

Professor Steve Bain, professor of medicine (Diabetes),
Swansea Bay University Health Board

Medical weight management in Wales – what services should be provided?

Professor Dev Datta, consultant in metabolic medicine, visiting professor,
University South Wales

Psychological factors in Obesity & GLP-1 Management

Dr Hazel Barker, highly specialist clinical psychologist,
Cardiff and Vale University Health Board

Panel Q&A

10:30 Comfort break

10:45 **Session 2**

Chair – Dr Ben Thomas, RCP regional adviser, North Wales

Causal pathways in multiple sclerosis - a journey through a clinical academic career

Prof Ruth Dobson, consultant neurologist,
Barts Health NHS Trust

BRADSHAW LECTURE: Born in Bradford: can a research study change a city?

Prof John Wright, director of research,
Bradford Teaching Hospitals NHS Foundation Trust

RCP Update

12:25 Lunch break



13:30	Session 3 Chair – Dr Andrew Lansdown, RCP regional adviser, South Wales
	RCP Wales Update Dr Hilary Williams, RCP vice president for Wales
13:40	Haematology emergencies on call Dr Emma Litt, consultant haematologist, Shrewsbury and Telford NHS Trust
	Topic to be confirmed
	Arrhythmia Dr Adrian Raybould, consultant cardiologist Hywel Dda University Health Board
	Panel Q&A
15:10	Comfort break
15:30	Session 4 Chair – Dr Fidan Yousuf, RCP regional adviser, South East Wales
	Topic to be confirmed
	Managing toxicity at the front door Dr Laurance Gray, consultant clinical pharmacology Cardiff and Vale University Health Board
16:30	Closing comments from RCP vice president for Wales
16:40	End of conference

Please note this programme may be subject to change.

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Your regional representatives in Mersey

Regional advisers

Dr Ash Bassi, Mersey and West Lancashire Teaching Hospitals NHS Trust
Dr Thomas Blanchard, Liverpool University Hospitals NHS Foundation Trust
Dr Victoria Tippet, Liverpool University Hospitals NHS Foundation Trust

New Consultants Committee

Dr Laura Watkins, Liverpool University Hospitals NHS Foundation Trust

SAS Regional Representatives Network

Dr Helen Bonwick, Liverpool Heart and Chest Hospital NHS Foundation Trust
and Marie Curie Hospice, Liverpool

Trainees Committee

Dr Mariyam Adam, Liverpool University Hospitals NHS Foundation Trust
Dr Rebecca Kuruvilla, Liverpool University Hospitals NHS Foundation Trust

Student and Foundation Doctor Network

Dr Chloe Short, Mersey and West Lancashire Teaching Hospitals NHS Trust

Your regional representatives in North Western

Regional advisers

Dr Ray Keelan, Manchester University NHS Foundation Trust
Dr Mumtaz Patel, Manchester University NHS Foundation Trust
Dr Sandy Thomson, Northern Care Alliance NHS Foundation Trust
Dr Vinodh Devakumar, Northern Care Alliance NHS Foundation Trust

New Consultants Committee

Dr Emma Burkitt-Wright, Manchester University NHS Foundation Trust

SAS Regional Representatives Network

Dr Muhammad Imran Farooq, Lancashire Teaching Hospitals NHS Foundation Trust

Trainees Committee

Dr Madelina Stauss, Manchester University NHS Foundation Trust
Dr Leigh Wilson, Manchester University NHS Foundation Trust

Student and Foundation Doctor Network

Dr Chloe Short, Mersey and West Lancashire Teaching Hospitals NHS Trust

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