

# Med+ 2025: celebrating clinical excellence

**On 11–12 November 2025, the RCP hosted the Med+ 2025 conference. We welcomed over 400 doctors to the RCP at Regent's Park for this annual conference, with over 1,000 people joining us online**

The 2-day event was a celebration of clinical excellence – including clinical updates, the latest developments in patient care, workshops and cutting-edge insights.

A huge variety of clinical topics were covered, reflecting the clinical interests of the diverse RCP membership; there were sessions on cardiology, obstetric medicine, allergy and immunology, organ donation, dermatology, and much more.

There were also important and engaging discussions on subjects which impact the future of medicine and healthcare.

Throughout both days, there were a variety of hands-on events and workshops which offered practical advice – covering topics from the shift from hospital to the community, how to improve the sustainability of your practice, to how to get your paper published.

Our keynote speaker, Dr Birju Bartoli, chief executive of Northumbria Healthcare NHS Foundation Trust, explored innovation, leadership and the future of care delivery in the conference's opening session. Professor Kevin Fong, professor of public engagement and innovation at University College London, closed the first day with his talk on *AI: The artificial human: medicine at the edge of intelligence*.

The second day opened with the RCP Resident Doctor Committee deputy chair, Dr Max Thoburn, interviewing Professor Mumtaz Patel, RCP president, on the future of UK postgraduate training. The RCP's historic Linacre and Goulstonian lectures both also took place on the second day.

We were also pleased to invite many resident doctors to the RCP to join the Med+ abstract competition. This competition offers resident doctors an opportunity to showcase their research to healthcare professionals from around the globe. Resident doctors presented posters on: quality improvement and patient safety, audit; case reports; research including clinical, translational and innovation; education, training and medical professionalism; health services and sustainability, policy and workforce development. The eight winners were announced on day 2 of the conference and you can see all of the posters online.

The event offered over 28 hours of live content,

workshops, early-release videos and more, which is now available to watch on demand via the bespoke platform – whether you missed the live event or want to revisit key sessions. On-demand viewing counts towards CPD credits, including content from our early-release programme.

Online tickets are on sale until 19 December, making it an ideal way to continue your CPD learning and medical discussions over a busy winter.

Experience the full value of on-demand viewing, including:

- Access 20+ sessions: get updates on acute, general and specialty medicine from expert speakers across the UK and beyond.
- Flexible learning: watch sessions at your own pace – with the content available right up to 10 February 2026.
- Earn CPD credits: you can claim up to 22 CPD points for on-demand sessions.
- Download your certificate: once you've completed a session, you can download your CPD certificate straight from the platform.
- Wide-ranging content: the programme covers everything from geriatric medicine and cardiology, to oncology and pharmaceutical medicine.
- Wellbeing sessions: visit the instructor-led yoga, pilates, HIIT and meditation sessions on the platform.

We look forward to seeing you at future RCP events soon – including Medicine 2026 and Med+ 2026.

## The voice of physicians

Alongside Med+ 2025, the RCP published our Voice of physicians: RCP emerging themes report.

This report, covering October 2024 – September 2025, made it clear that doctors are delivering high-quality care under unrelenting pressure – but are 'being asked to do the impossible'.

It exposes a system under strain, with rising workload, deteriorating morale and growing patient safety concerns in the NHS.

83% of consultant physicians say that rota gaps are directly impacting patient care, while resident doctors

say ‘the system is broken and we’re burning out trying to fix it.’

Professor Mumtaz Patel, RCP president, said: :

‘We heard powerful stories of dedication, innovation and teamwork from physicians at every stage of their careers. Their expertise must be at the heart of health system reform. Listening to doctors and acting on what they tell us is the only way to ensure that the NHS remains safe, sustainable and fit for the future.’

*You can [read the full report on the RCP website](#), catch up with [Med+ content online](#) and visit the [RCP events page](#) to find out future ways to join the discussion about the future of medicine.*

**This feature was produced for the December 2025 edition of [Commentary magazine](#). You can read a [web-based version](#), which includes images.**

