



SAS forum: Life as an SAS doctor

30 June 2026 | Virtual

- 14:00** **Welcome and introduction**
Chair – Dr Heather Sullivan
Specialty doctor in diabetes and endocrinology, Mersey and West Lancashire Teaching Hospitals NHS Trust
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- 14:05** **Session 1: Celebrating the SAS pathway**
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- 14:10** **Working as an LED doctor – what it’s really like**
Dr Samia Rizvi
Locally employed doctor, Gateshead Health NHS Foundation Trust
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- 14:20** **From clinics, committees and controlled chaos - an SAS doctor’s tale from wearing many hats and keeping stethoscope**
Dr Jeenat Khan FRCP
Specialty doctor, South Eastern Health and Social Care Trust
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- 14:30** **My IMG and SAS career**
Dr Muhammad Imran Khokhar FRCP
Specialty doctor in cardiology, Mid and South Essex NHS Foundation Trust
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- 14:40** **Life as an SAS doctor – everyone needs a friend!**
Dr Helen Yandell FRCP and Dr Sarah Waters FRCP
Associate specialists in acute medicine, Somerset NHS Foundation Trust
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- 14:50** **Panel discussion**
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- 15:05** **Comfort break**
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- 15:15** **Making the most of your appraisal as an SAS doctor**
Dr Lucy Harding
RCP educationalist
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- 15:55** **Peer-to-peer discussion**
An opportunity to reflect on today’s forum and to share experiences and tips with your colleagues
- What has been the most positive aspect of your SAS role in the past year?
 - How could the RCP better support SAS doctors?
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- 16:10** **Closing remarks**
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- 16:15** **Close**

Programme

2 CPD
credits