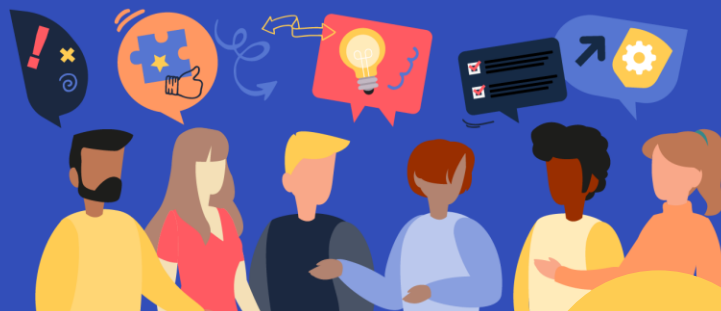




Royal College
of Physicians

Update in medicine



15 October 2025 | Reading

CPD code: 153296

**6 CPD
credits**

Programme

08:15 Registration and refreshments

09:10 **Welcome and introduction**

Dr Asif Humayun FRCP, RCP regional adviser, Oxford and Thames Valley

09:15 **Session 1**

Chair – Dr Asif Humayun FRCP

09:20 **Achieving long-term remission of type 2 diabetes in the real world**

Professor Roy Taylor FRCP, emeritus professor of medicine and metabolism, Newcastle University and Newcastle Hospitals NHS Foundation Trust

09:55 **Artificial intelligence in healthcare**

Sir Andrew Goddard FRCP, consultant gastroenterologist, Royal Derby Hospital, chair MHRA AI and Software Expert Advisory Group

10:30 **What is new in TB?**

Professor Onn Min Kon FRCP, consultant respiratory physician, Imperial College Healthcare NHS Trust

11:05 Comfort break

11:30 **Session 2**

Chair – Dr Jane Democratis FRCP, RCP regional adviser, Oxford and Thames Valley

11:35 **Keynote session: antimicrobial stewardship – from hospital to home**

Professor Andrew Seaton, consultant in infectious diseases and general medicine, Queen Elizabeth University Hospital

12:35 **RCP update**



12:50	Lunch
13:45	Session 3 Chair – Dr Jane Democratis FRCP, RCP regional adviser, Oxford and Thames Valley
13:50	Recent updates in stroke medicine Dr Janet Costa FRCP, consultant in stroke and geriatric medicine, Milton Keynes University Hospital NHS Foundation Trust
14:25	The early detection of liver cancer Dr Waleed Fateen, consultant hepatologist, Oxford University Hospitals NHS Foundation Trust
15:00	Assessment of patients with acute headache on the medical admission ward - how a neurologist thinks Dr Richard Butterworth FRCP, consultant neurologist, Milton Keynes University Hospital NHS Foundation Trust
15:35	Comfort break
15:50	Session 4 Chair – Dr Asif Humayun FRCP, RCP regional adviser, Oxford and Thames Valley
15:55	Future horizons in obesity – from BMI to biology and from treatment to transformation Dr Asif Humayun FRCP, consultant physician in diabetes and endocrinology, Milton Keynes University Hospital NHS Foundation Trust
16:30	Haemophagocytic lymphohistiocytosis Dr Shoma Banerjee FRCP, consultant rheumatologist, Milton Keynes University Hospital NHS Foundation Trust
17:05	Conference closing comments Dr Asif Humayun FRCP
17:10	Close of conference

Please note this programme may be subject to change.

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Your regional representatives in the Oxford and Thames Valley region

Regional advisers

Dr Asif Humayun FRCP, Milton Keynes University Hospital

Dr Jane Democratis FRCP, Frimley Health NHS Foundation Trust

*Vacancy**

New Consultants Committee

Dr Udit Mittal FRCP, Oxford University Hospitals

SAS Regional Representative Network

*Vacancy**

Resident Doctor Committee

Dr Sharath Panamoottil, Oxford University Hospitals

Dr Alex Pain, Buckingham Healthcare NHS Trust

Student and Foundation Doctor Network

Thomas Fleetwood-Law, Buckingham Healthcare NHS Trust

*If you are interested in the above vacancies, please get in touch.

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