

Update in medicine



17 June 2026 | Exeter

CPD code:

6 CPD
credits

Programme

08:00 Registration and refreshments

09:00 **Welcome and introduction**
Dr Sanjeev Gupta FRCP, RCP regional adviser, Peninsula

09:05 **Session 1 – ‘I can’t breathe...’ respiratory challenges**
Chair – Dr Andria Merrison FRCP, RCP regional adviser, Severn

09:10 **Asthma management: acute/severe update**
Dr Gemma Hayes FRCP, consultant in respiratory medicine,
University Hospitals Plymouth NHS Trust

09:45 **Non-invasive respiratory support: what you really need to know**
Dr Katrina Curtis FRCP, consultant respiratory physician,
University Hospitals Bristol and Weston NHS Foundation Trust

10:20 **ICU for the physician: practical update**
Speaker to be confirmed

10:55 Comfort break

11:25 **Session 2 – Acute care and emergency updates**
Chair – Dr Roland Boey FRCP, RCP regional adviser, Peninsula

11:30 **Sports medicine in emergency care**
Dr Lewis Jones, consultant in sports medicine,
Royal Devon University Healthcare NHS Foundation Trust

12:05 **Haematological emergencies for acute physicians**
Dr Sarah Wheeldon, consultant haematologist,
Royal Devon University Healthcare NHS Foundation Trust

12:40 **RCP update**



13:00 Lunch

13:50 **Session 3 – From ascites to acute kidney injury: diagnostic pitfalls and infectious mimics**
Chair – Dr Nicola Maddox, RCP Resident Doctor Committee representative, Peninsula

13:55 **Acute Kidney Injury at the front door**
Dr Lynsey Webb FRCP, consultant in acute medicine and nephrology, deputy medical director, community care group, Royal Devon University Healthcare NHS Foundation Trust

14:30 **Alcohol-related liver disease and its complications encountered on the acute take**
Professor Ashwin Dhanda FRCP, professor of liver medicine, University Hospitals Plymouth NHS Trust

15:05 **Infections at the interface: navigating sepsis in renal and liver dysfunction**
Speaker to be confirmed

15:40 Comfort break

16:00 **Session 4 – Through the physician's lens: movement and myocardium**
Chair – Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn

16:05 **Movement disorders in acute care: navigating Parkinson's challenges**
Dr Sonali Dharia, consultant nephrologist, Royal Devon University Healthcare NHS Foundation Trust

16:40 **Ischaemic heart disease / myocardial infarction management: updates for physicians**
Dr Mrinal Saha, consultant cardiologist, Gloucestershire Hospitals NHS Foundation Trust

17:15 **Conference closing comments**
Dr Nigel Lane FRCP, RCP regional adviser, Severn

17:20 Close of conference

Please note this programme may be subject to change.

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Your regional representatives in Severn

Regional advisers

Dr Nigel Lane

Dr Andria Merrison

Dr Carolyn Mackinlay

New Consultants Committee

*Vacancy**

SAS Regional Representative Network

*Vacancy**

Resident Doctor Committee

Dr Frederica Betteridge

Dr Aimee Leadbetter

Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

Lead college tutor

Dr Tina Mehta

Your regional representatives in Peninsula

Regional advisers

Dr Sanjeev Gupta

Dr Roland Boey

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Resident Doctor Committee

Dr Nicola Maddox

Dr Wai Yan Kyaw Nyunt-Thinn

Dr Sophie Goodrun

Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

Lead college tutor

Dr Tina Mehta

*If you are interested in the above vacancies, please get in touch.

Enquiries:

Katie Mollon, regional manager

Email: southwest@rcp.ac.uk

Tel: 0203 075 1390

