

Update in medicine



16 September 2026 | Leicester

CPD code:

6 CPD
credits

Programme

- 08.15 Registration and refreshments
-
- 09.15 **Conference opening comments**
Dr Philip Pearson FRCP, regional adviser, East Midlands South
-
- 09.20 **Session 1**
Chair – Philip Pearson FRCP
-
- 09.25 **Maternal medicine – title TBC**
Dr Annette Freyer, lead obstetric physician,
Nottingham University Hospitals NHS Foundation Trust
- 10.00 **Gastro – eosinophilic oesophagitis - title TBC**
Professor Anjan Dhar, professor of medicine,
School of Health and Life Sciences, Teesside University
- 10.35 **System wide frailty – an urgent care perspective**
Professor Simon Conroy, consultant geriatrician,
Barts Health NHS Trust
-
- 11.10 **Comfort break**
-
- 11.40 **Session 2**
Chair – Dr Syed Jafri FRCP, regional adviser,
East Midlands South
-
- 11.45 **Keynote session: Future of medicine is the generalist**
Dr Sarb Clare MBE FRCP, president, West Midlands Physicians Association,
acute internal medicine consultant, Sandwell and West Birmingham NHS Trust
- 12.45 **RCP update**
Professor Mumtaz Patel PRCP, RCP president
Dr Omar Mustafa FRCP, RCP registrar
-



13.00 Lunch

13.45 **Session 3**

Chair – **Dr Janson Leung FRCP**, regional adviser, East Midlands North

13.50 **Leicester atrial fibrillation virtual ward – digitally-enabled acute care for atrial fibrillation**

Suzanne Armstrong, senior advanced clinical practitioner,
University Hospitals of Leicester NHS Trust

14.25 **Peri operative medicine – title TBC**

Dr Louise Savic, consultant anaesthetist,
Leeds Teaching Hospitals NHS Trust

15.00 **Pleural disease in 2026**

Professor Najib Rahman, professor of respiratory medicine,
University of Oxford

15.35 Comfort break

15.50 **Session 4**

Chair – **Dr Rashmi Mathur FRCP**, regional adviser, East Midlands North

15.55 **Emerging medication – title TBC**

Professor David Webb, consultant endocrinologist,
University Hospitals of Leicester NHS Trust

16.30 **Culture and leadership – title TBC**

Dr Aklak Choudhury, respiratory consultant,
University Hospitals of Derby and Burton NHS Trust;
RCP clinical director for improvement programmes

17.05 **Conference closing comments**

Dr Philip Pearson FRCP, regional adviser, East Midlands South

17.10 Close of conference

Please note this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers.
As such they are not owned by, and do not necessarily represent the views of, the RCP



Your regional representatives in the East Midlands region

Regional advisers

Dr Philip Pearson FRCP, Northampton General Hospital NHS Trust
Dr Syed Jafri FRCP, Kettering General Hospital NHS Foundation Trust
Dr Janson Leung FRCP, University Hospitals of Derby and Burton NHS Trust
Dr Rashmi Mathur FRCP, United Lincolnshire Teaching Hospitals NHS Trust

New Consultants Committee

Dr Laura Pugh FRCP, Sherwood Forest Hospitals NHS Foundation Trust

SAS Regional Representatives Network

* Vacancy

Resident Doctor Committee

Dr Edward Lau, Barts Health NHS Trust
Dr Jemima Sellicks, Northampton General Hospital NHS Trust

Student and Foundation Doctor Network

Thomas Anderson, University Hospitals Coventry and Warwickshire NHS Trust

*If you are interested in the above vacancies, please get in touch.



Enquiries:

Jenny Ward, regional manager (East Midlands)
Email: eastmidlandsregion@rcp.ac.uk
Tel: 0121 803 1061