



SAS forum: developing your SAS career

8 October 2026 | Virtual

14:00 Welcome and introduction

Chair – Dr Sumanta Kumer Saha FRCP

Specialist in acute medicine, Isle of White NHS Trust

14:05 Session 1

14:05 Overcoming stigma and navigating career identity

Professor Jamie Read FRCP

Dean, Lincoln Medical School and professor of medical education,
specialist in geriatric medicine, Lincoln County Hospital

14:40 Q&A

14:45 Why I pursued the CESR/portfolio pathway

Dr Elizabeth Estabrook FRCP

RCP regional adviser, consultant lead in general internal medicine,
University Hospital Southampton

14:55 Tips from a portfolio assessor

Dr Ben Chadwick FRCP

RCP deputy registrar, consultant in acute medicine,
University Hospital Southampton

15:05 Panel Q&A

15:15 Comfort break

Session 2

15:25 From specialty to specialist; top tips for advocating for yourself and
working autonomously

Graham Stow

RCP educationalist

15:55 Panel Q&A and open discussion

Chair – Dr Sumanta Kumer Saha FRCP

- What does autonomy mean to you?
- What would 'good recognition' of an SAS doctor look like to you?

16:10 Closing remarks

16:15 Close

Programme

2 CPD
credits