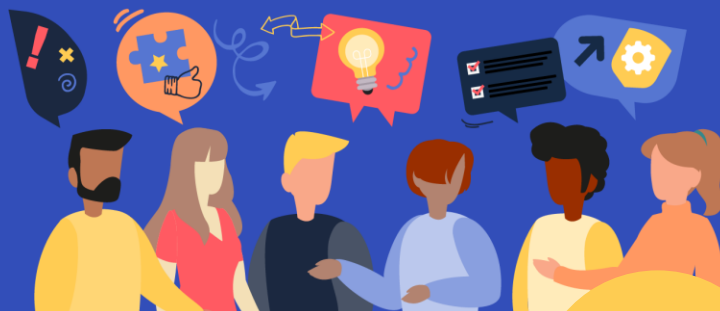




Royal College
of Physicians

Update in medicine



4 December 2025 | Cardiff

CPD code: 152897

**6 CPD
credits**

Programme

08:00 Registration and refreshments

09:00 Welcome and introduction

09:05 **Session 1**

Chair – Dr Sam Rice FRCP, RCP regional adviser, West Wales

09:10 **A brief history of GLP-1 receptor agonists, recent developments and future prospects**

Professor Steve Bain FRCP, assistant medical director for research and development; clinical director of the Diabetes Research Group, Swansea Bay University Health Board

09:30 **Medical weight management in Wales – what services should be provided?**

Professor Dev Datta FRCP, consultant in metabolic medicine, visiting professor, University of South Wales

09:50 **Psychological factors in obesity and GLP-1 management**

Dr Hazel Barker, highly specialised clinical psychologist, Cardiff and Vale University Health Board

10:10 **Panel Q&A**

10:30 Comfort break

11:00 **Session 2**

Chair – Dr Ben Thomas FRCP, RCP regional adviser, North Wales

11:00 **Causal pathways in multiple sclerosis – a journey through a clinical academic career**

Professor Ruth Dobson FRCP, professor of clinical neurology, Barts Health NHS Trust; Queen Mary University of London

11:35 **Bradshaw Lecture: Born in Bradford: can a research study change a city?**

Professor John Wright, director of research, Bradford Teaching Hospitals NHS Foundation Trust

12:20 **RCP update**

Professor Mumtaz Patel PRCP, RCP president, and **Dr Omar Mustafa FRCP**, RCP registrar



12:40	RCP Wales update Dr Hilary Williams FRCP, RCP vice president for Wales
12:50	Lunch break
13:50	Session 3 Chair – Dr Andrew Lansdown FRCP, RCP regional adviser, South Wales
13:50	Haematology emergencies – what gets a haematologist up in the middle of the night? Dr Emma Litt, consultant haematologist, Shrewsbury and Telford NHS Trust
14:25	Old wine in a new bottle: the evolving story of giant cell arteritis Dr Subhra Raghuvanshi, consultant rheumatologist, Betsi Cadwaladr University Health Board
15:00	AF – do we CARE? Dr Adrian Raybould FRCP, consultant cardiologist, Hywel Dda University Health Board
15:35	Comfort break
15:50	Session 4 Chair – Dr Fidan Yousuf FRCP, RCP regional adviser, South-East Wales
15:50	Acute kidney injury: just a marker of other disease? Dr Dena Pitrola FRCP, consultant acute care physician and nephrologist, Cardiff and Vale University Health Board Dr Gwenno Edwards, consultant in renal and acute medicine Betsi Cadwaladr University Health Board
16:25	Toxicology: It is the dose that makes the poison (most of the time) Dr Laurence Gray, director, National Poisons Information Service, Cardiff and Vale University Health Board
17:00	Closing comments from RCP vice president for Wales
17:10	End of conference

Please note that this programme may be subject to change.

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