



NRAP Good Practice Repository – COPD

Lancashire Teaching Hospitals NHS Foundation Trust



**KPI4:**

**Current smokers prescribed stop smoking drug and/or referred to behavioural change intervention.**

*Royal Preston Hospital achieved:*

**94.8% - 2022-23\***

*Chorley Hospital achieved:*

**97% - 2022-23\***

\*% of patients submitted to the audit.

Improvement in smoking cessation practice and combining of Tobacco and Alcohol Care Team (TACT) service has helped transform the management of COPD patients particularly who are active smokers.

**COPD Good Practice Repository – case study**

National Respiratory Audit Programme

[copd@rcp.ac.uk](mailto:copd@rcp.ac.uk) | 020 3075 1526 | [www.rcp.ac.uk/nrap](http://www.rcp.ac.uk/nrap)



## Our processes to achieve good practice in KPI4:

Documenting smoking status on initial clerking by junior medical doctor is a mandatory field in our electronic admission document. This helps prompting for early referral to TACT service, and patients are given brief verbal advice, appropriate nicotine replacement therapy (NRT) prescription at the start of in-patient admission and then have ongoing support with specialist team.

### Staff covering include:

- Band 8a x 1
- Band 6 x 1
- Band 3 x 1 advisor

**On discharge from hospital, COPD patients are reminded of the benefits of stopping smoking while being supported by community colleagues such as specialist COPD nursing team, particularly as this team is from a neighbouring trust in our local region.**

Prior to Oct 2023, the services were provided by Quitsquad team who supported the patients with smoking cessation. The posters, patient information leaflets and cards were easily available in ward areas and out-patient clinics. However, since Oct 2023, there has been a change in service provider and the referral process is completed electronically to Smokefree Lancashire with easy access to the resources similar to previous service arrangements.

A change to mandatory screen of smoking history of all patients admitted by junior doctor team led to an automatic referral to TACT as a live dashboard, to ensure patients are appropriately treated and supported. This is in conjunction with nursing assessment to the ward areas for ongoing care.

NRT prescription is given for 7 days post discharge from hospital and care is handed over to community team for ongoing support.

Steering group meetings now occur on alternate months, which initially started as monthly meetings. Various domains discussed include clinical group discussions for pathways, protocols and pharmacy issues, workforce issues, education and training, IT development and integration with system partners, finance issues, reporting and outcome measures, communications including media, patient information and experience and any risks. This generates a highlight report, which is shared with trust team.

### Pathway for support:

**COPD Good Practice Repository – case study**

National Respiratory Audit Programme

[copd@rcp.ac.uk](mailto:copd@rcp.ac.uk) | 020 3075 1526 | [www.rcp.ac.uk/nrap](http://www.rcp.ac.uk/nrap)



# Treatment Pathway for Admitted Smokers

