References for <u>post-fall medical examination – explanatory notes:</u>

- 1 National Institute for Health and Care Excellence. *Falls*. Quality standard 86. NICE, 2015 (updated 2025). www.nice.org.uk/guidance/qs86 [Accessed 15 August 2025].
- 2 National Audit of Inpatient Falls. Supporting best and safe practice in post-fall management in inpatient settings. RCP, 2022. www.rcp.ac.uk/media/foebwwsh/naif supporting-best-and-safe-practice a4-booklet-final-v2 0.pdf [Accessed 15 August 2025].
- 3 Trauma Audit Research Network. Major trauma in older people. TARN, 2017. https://aace.org.uk/wp-content/uploads/2017/04/Major-Trauma-in-Older-People-2017.pdf [Accessed 15 August 2025].
- 4 Royal College of Physicians. *Chart 4: Clinical response to the NEWS trigger thresholds*. RCP, 2017. www.rcp.ac.uk/media/mrllczrj/news2-chart-4_clinical-response-to-news-trigger-thresholds 0.pdf [Accessed 15 August 2025].
- 5 The UK Sepsis Trust. Clinical tools. The UK Sepsis Trust, 2024.
 https://sepsistrust.org/healthcare-professionals/clinical-tools/?gad_source=1 [Accessed 15 August 2025].
- 6 American College of Surgeons Committee on Trauma. *Acute trauma life support: Student course manual*, 10th ed. Chicago: American College of Surgeons, 2018.
- 7 Resuscitation Council UK. *Advanced life support*, 8th ed. RCUK, 2021. www.resus.org.uk/product/23 [Accessed 18 August 2025].
- 8 National Institute for Health and Care Excellence. *Shared decision making*. NICE guideline [NG197], 2021. www.nice.org.uk/guidance/ng197 [Accessed 18 August 2025].
- Royal College of Emergency Medicine. *Position statement on the 2023 NICE head injury guidelines regarding asymptomatic patients on anticoagulation or antiplatelet treatment*.

 RCEM, 2024. https://rcem.ac.uk/wp-content/uploads/2024/03/Nice Head Injury Position Statement October 2023.pdf
 [Accessed 18 August 2025].

- 10 National Institute for Health and Care Excellence. *Head injury: assessment and early management*. NICE guideline [NG232], 2023. www.nice.org.uk/guidance/ng232 [Accessed 19 August 2025].
- 11 Rickard F, Gale J, Williams A, Shipway D. New horizons in subdural haematoma. *Age Ageing* 2023;52:afad240. https://doi.org/10.1093/ageing/afad240 [Accessed 19 August 2025].
- 12 National Institute for Health and Care Excellence. *Spinal injury: assessment and initial management*. NICE guideline [NG41], 2016. www.nice.org.uk/guidance/ng41 [Accessed 19 August 2025].
- 13 Gill DS, Mitra B, Reeves F *et al*. Can initial clinical assessment exclude thoracolumbar vertebral injury? *Emerg Med J* 2013;30:679–82. https://doi.org/10.1136/emermed-2011-201085 [Accessed 19 August 2025].
- 14 Conrad BP, Del Rossi G, Horodyski MB, Prasarn ML, Alemi Y, Rechtine GR. Eliminating log rolling as a spine trauma order. *Surg Neurol Int* 2012;3(Suppl 3):S188–97. https://doi.org/10.4103/2152-7806.98584 [Accessed 19 August 2025].
- 15 London Major Trauma System and London Operational Delivery Networks. *Management of older major trauma patients*, 3rd ed. LTMS, 2021. www.c4ts.qmul.ac.uk/downloads/pan-london-major-trauma-system-management-of-older-trauma-third-editionapril-2021.pdf [Accessed 19 August 2025].
- 16 Brannigan JFM, Dohle E, Critchley GR, Trivedi R, Laing RJ, Davies BM. Adverse events relating to prolonged hard collar immobilisation: a systematic review and meta-analysis. *Global Spine J* 2022;12:1968–78. https://doi.org/10.1177/21925682221087194 [Accessed 19 August 2025].
- 17 BMJ Best Practice. *Rib fractures Symptoms, diagnosis and treatment*. BMJ, 2025. https://bestpractice.bmj.com/topics/en-gb/3000236 [Accessed 19 August 2025].
- 18 Battle C, Pelo C, Hsu J *et al*. Expert consensus guidance on respiratory physiotherapy and rehabilitation of patients with rib fractures: An international, multidisciplinary e-Delphi study. *J Trauma Acute Care Surg* 2023;94:578–83. https://doi.org/10.1097/ta.000000000000003875 [Accessed 19 August 2025].

- 19 Royal College of Anaesthetists. *Raising the standards: RCoA quality improvement compendium. Chapter 4: emergency anaesthesia*. RCoA, 2020. www.rcoa.ac.uk/safety-standards-quality/quality-improvement/raising-standards-rcoa-quality-improvement-compendium [Accessed 19 August 2025].
- 20 BMJ Best Practice. *Hip fracture Symptoms, diagnosis and treatment*. BMJ, 2023. https://bestpractice.bmj.com/topics/en-gb/3000105 [Accessed 19 August 2025].
- 21 National Institute for Health and Care Excellence. *Major trauma: assessment and initial management*. NICE guideline [NG39], 2016. www.nice.org.uk/guidance/ng39 [Accessed 19 August 2025].
- 22 Royal College of Emergency Medicine. *Fractured neck of femur: National quality improvement project national report 2020/2021*. RCEM, 2022. https://rcem.ac.uk/wp-content/uploads/2022/06/RCEM Fractured Neck of Femur National Report Final.pdf
 [Accessed 19 August 2025].
- 23 Royal College of Physicians. *National Hip Fracture Database*. www.nhfd.co.uk/ [Accessed 19 August 2025].
- 24 National Institute for Health and Care Excellence. *Hip fracture: management*. NICE clinical guideline, 2011 (updated 2023). www.nice.org.uk/guidance/cg124 [Accessed 19 August 2025].
- 25 National Institute for Health and Care Excellence. *How should I assess a suspected sprain or strain?* NICE, 2020. https://cks.nice.org.uk/topics/sprains-strains/diagnosis/assessment/ [Accessed 19 August 2025].
- 26 National Institute for Health and Care Excellence. *Blood transfusion*. NICE guideline, 2015. www.nice.org.uk/guidance/ng24 [Accessed 19 August 2025].
- 27 Medicines and Healthcare products Regulatory Agency. *Direct-acting oral anticoagulants* (DOACs): reminder of bleeding risk, including availability of reversal agents. GOV.UK, 2020. www.gov.uk/drug-safety-update/direct-acting-oral-anticoagulants-doacs-reminder-of-bleeding-risk-including-availability-of-reversal-agents [Accessed 19 August 2025].

- 28 National Institute for Health and Care Excellence. *Andexanet alfa for reversing anticoagulation from apixaban or rivaroxaban*. NICE technology appraisal, 2021 (updated 2025). www.nice.org.uk/guidance/ta697 [Accessed 19 August 2025].
- 29 National Audit of Inpatient Falls. *PSIRF planning inpatient falls*. NAIF, 2023, https://fffap.org.uk/fffap/naifrep.nsf/docs/DownloadFilesV5/ [Accessed 25 October 2024].
- 30 The Royal College of Emergency Medicine. *Best practice guideline: Fascia iliaca block in the emergency department*. RCEM, 2020. https://rcem.ac.uk/wp-content/uploads/2021/10/Fascia_Iliaca_Block_in_the_Emergency_Department_Revised_July_2020_v2.pdf [Accessed 19 August 2025].
- 31 The Royal College of Emergency Medicine. *The importance of monitoring after fascia-iliaca block (FIB)* 2018 Safety Flash Fascia Iliaca Block 2018.pdf
- 32 Association of Anaesthetists of Great Britain & Ireland. Quick Reference Handbook (QRH) |

 The Association of Anaesthetists [Accessed August 2025]