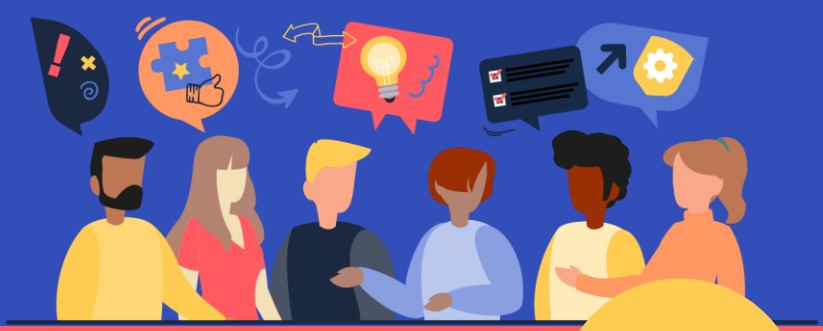
Royal College of Physicians

Update in medicine



2 December 2026 | Cardiff

CPD code: 156381

6 CPD credits

Programme

08.00	**Registration and refreshments**
09.00	**Welcome and introduction** **Dr Ben Thomas FRCP,** RCP joint vice president for Wales
09.05	**Session 1 – Delivering individualised care in advanced chronic disease. 'When less may be more'** **Chair – Dr Sarah Davies FRCP, RCP regional adviser for North Wales**
09.05	**Advanced chronic kidney disease: dialysis or conservative kidney management?** **Dr Barny Hole**, consultant nephrologist and NIHR advanced fellow, North Bristol NHS Trust and University of Bristol
09.25	**Heart failure: tailoring the evidence base** **Dr Aaron Wong FRCP**, consultant cardiologist and general physician, Cwm Taf Morgannwg University Health Board
09.45	**Realistic medicine for the older adult** **Dr Nicky Leopold**, consultant geriatrician, Swansea Bay University Health Board
10.05	**The view from specialist palliative care** **Dr Gemma Lewis-Williams FRCP**, consultant in palliative medicine, Betsi Cadwaladr University Health Board
10.20	**Panel Q&A**
10.40	**Comfort break**
11.10	**Session 2** **Chairs – Dr Ben Thomas FRCP and Professor Sam Rice FRCP**
11.15	**Bradshaw lecture: Social justice and health equity** **Professor Sir Michael Marmot FRCP,** professor of epidemiology and public health, University College London

Cardiff Marriott, Mill Lane, Cardiff CF10 1EZ

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12.10 RCP Wales update
Professor Sam Rice FRCP, RCP joint vice president for Wales

12.25 RCP update
Professor Mumtaz Patel PRCP, RCP president, and
Dr Omar Mustafa FRCP, RCP registrar

12.40 **Lunch break**

13.40 Session 3 – Acute medicine presentations
Chair – Dr Fidan Yousuf FRCP, RCP regional adviser for South East Wales

13.45 GI bleeding for the general physician
Dr Rhodri Stacey FRCP, consultant gastroenterologist,
Swansea Bay University Health Board

Front door respiratory tips from a very average chest physician…
14.05 **Dr Amit Benjamin FRCP**, consultant in respiratory medicine,
Cwm Taf Morgannwg University Health Board

Out of site
14.25 **Dr Bazga Ali**, consultant in infectious diseases and microbiology,
Cardiff and Vale University Health Board

14.45 **Panel Q&A**

15.15 **Afternoon break**

15.45 Session 4
Chair – Dr Andrew Lansdown FRCP, RCP regional adviser for South Wales

15.50 The ABCs of acute porphyria: essential knowledge for the frontline physician
Dr Danja Schulenburg-Brand, consultant chemical pathologist,
clinical lead, Cardiff Porphyria Service, University Hospital of Wales

16.25 Stroke mimics – clinical cases
Dr Tom Hughes FRCP, consultant neurologist,
Cardiff and Vale University Health Board

17.00 **Closing comments – Professor Sam Rice FRCP**
RCP joint vice president for Wales

17.10 **Close of conference**

Please note that this programme may be subject to change.

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Regional representatives

Your regional representatives in Wales

Joint vice presidents for Wales
Dr Ben Thomas, FRCP, Betsi Cadwaladr University Health Board
Professor Sam Rice FRCP, Hywel Dda University Health Board

Regional advisers
Dr Andrew Lansdown FRCP, Cardiff & Vale University Health Board
Dr Fidan Yousuf FRCP, Aneurin Bevan University Health Board
Dr Lisa Williams FRCP, Swansea Bay University Health Board
Dr Sarah Davies FRCP, Betsi Cadwaladr University Health Board

New Consultants Committee
Dr Dena Pitrola FRCP, Cardiff & Vale University Health Board
Dr Gwenno Edwards, Betsi Cadwaladr University Health Board

SAS Regional Representatives Network
Dr Ruford Sequeira FRCP, Aneurin Bevan University Health Board

Resident Doctor Committee
Dr Sacha Moore, Cardiff & Vale University Health Board
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