

CT and ACT national conference

13 November 2026

5 CPD
credits



8.45am	Registration and refreshments
9.00am	Regional networking Space 1-2, floor 13 This is your opportunity to meet with regional colleagues to share best practice and discuss any local, or national issues that are affecting you.
9.45am	Welcome Dr Shruthi Konda FRCP, RCP Linacre fellow
9.55am	RCP strategy Professor Mumtaz Patel PRCP, RCP president Dr Omar Mustafa FRCP, RCP registrar
10.15am	Session 1: The bigger picture Dr Shruthi Konda FRCP, RCP Linacre fellow Space 1-2, floor 13
10.20am	Talk title to be confirmed Speaker to be confirmed
10.55am	Advanced GIM – making change real Professor Phil Bright FRCP, head of school of postgraduate school of medicine, NHS England West Midlands; Associate Medical Director for Workforce, Federation of Royal College of Physicians
11.30am	Comfort break
11.50am	Session 2: Closer to home Chair TBC Space 1-2, floor 13
11.55am	An improvement toolkit for physicians - time to reset Dr Aklak Choudhury FRCP, clinical director for improvement programmes, Royal College of Physicians; respiratory consultant, University Hospitals Derby and Burton NHS Foundation
12.10pm	The business of better care: think like a funder Dr Ak Maheswaran, consultant anaesthetist, University Hospitals of Leicester NHS Trust
12.25pm	Why doctors behave unprofessionally – and what you can do about it Dr Stephen Joseph, RCP Resident Doctor Committee co-chair; respiratory registrar, Homerton Healthcare NHS Foundation Trust

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12.55pm	Lunch break		
1.20pm	ACT poster competition Wolfson wall Hear more about the work and achievements of ACTs across the regions. We'll be awarding prizes to one winner and one runner up.		
	Session 3: Workshops Please choose one of the following:		
2.05pm	How to build a career (and leave the ladder down) Professor Jo Szram FRCP Southeast regional postgraduate dean This session is designed for college tutors. Space 4-5, floor 12	Top tips on how to do QI well Dr Aklak Choudhury FRCP RCP clinical director for improvement This session is applicable to all. Space 6-7, floor 12	Interview skills Dr Shruthi Konda FRCP RCP Linacre fellow This session is designed for associate college tutors. Space 8-9, floor 12
2.50pm	Workshop change over Please choose one of the following:		
3pm	From idea to investment: writing business cases that win Dr Ak Mahaswaran , consultant anaesthetist, University Hospitals of Leicester NHS Trust This session is designed for college tutors Space 4-5, floor 12	How to be an upstander Rachael Daw , RCP senior educationalist This session is applicable to all. Space 6-7, floor 12	Design, deliver, improve: creating courses for effective clinical learning Dr Kerry Calvo , clinical associate professor (teaching), University College London This session is designed associate college tutors. Space Space 8-9, floor 12
3.45pm	Comfort break		
4pm	Session 4: Where did we come from and where will we go – panel discussion Dr Shruthi Konda FRCP , RCP Linacre fellow Space 1-2, floor 13		
4.50pm	Closing comments and ACT award presentation		
5pm	Conference close		