



New consultants forum

22 September 2026 | Virtual

14:00 Welcome and introduction

Chairs – Dr Kamran Mushtaq FRCP and Dr Anna Street

14:10 How to maximise your appraisal – top tips

How to plan and prepare for your first appraisal as a new consultant

Dr Clive Lewis FRCP, RCP censor, consultant cardiologist and lead appraiser, Royal Papworth Hospital NHS Foundation Trust

14:40 Q&A

14:45 The good, the bad and the ugly - how to deliver feedback effectively

How to give effective feedback to junior and senior colleagues

Dr Steve Andrews, head of colleague development and experience, East & North Hertfordshire NHS Teaching Trust

15:15 Q&A

15:20 Comfort break

15:30 How to diagnose and manage - trainees requiring additional support

How to effectively support those who are struggling

Professor Shahedal Bari FRCP, consultant respiratory physician, honorary clinical professor at Lancaster University, University Hospitals of Morecambe Bay NHS Foundation Trust; Federation of RCP SCE Board member

16:00 Q&A

16:05 Closing remarks

16:10 Close

Programme

2 CPD
credits